

Adventurous Learning Week



2024



Welcome to Adventurous Learning Week (ALW) 2024, as you'll see in the following pages it really will be a fantastic week filled with amazing opportunities.

ALW 2024 is an opportunity for you to learn something different or hone your skills in an area of interest. This year all activities are for the whole week so you really get to immerse yourself in the experience.

The link for the application form is on the main page, please ensure you enter your correct year group. You will need to pick your top three choices. We will endeavour to place everyone in their first or second choice but places are limited.

Once your choices have been confirmed and deposits paid we will contact you again with a detailed breakdown of your week.

Adventurous Learning Week (ALW)

Key dates -

- Week runs from 1st - 5th July 2024
- Google form to open for choices on 23rd Nov 2023 at 6pm
- Google form will close for choices on 26th Nov 2023 at midnight
- First payment to be made by 5th Dec 2023
- Final payment to be made by 30th April 2024

All payments to be made via ParentPay

Any queries please email kpenhale@launcestoncollege.uk



ALW 2024

Residentials

Please note Year 9
will be given
priority on all
Residentials

¡Viva, España!

£670

Deposit £100

Fly to Barcelona and enjoy a week in this vibrant seaside Catalan city, full of culture and art. Discover Gaudí's outstanding architectural masterpieces, from his iconic Sagrada Familia cathedral to the amazing Parc Guell. Stroll through the Ramblas, Barcelona's most famous avenue and stop at La Boquería, the central market, where you will be amazed by the array of fresh fruits and other local produce on offer. Finally, enjoy a visit to the Camp Nou stadium, home of the legendary FC Barcelona.



Priority given
to Year 9

What you'll need

- Passport
- EHIC/GHIC Card
- Spending money

Adventurous
Learning Week
2024

Paris, je t'aime!

£600

Deposit £100

Spend a week in the French capital city, one of the most popular tourist destinations in the world and let this romantic city of Light charm you with its stunning monuments. Visit the iconic Eiffel Tower, the luxurious Palace of Versailles and Le Louvre, hosting the famous Mona Lisa painting. Finally, enjoy a relaxing cruise on the Seine river.

What you'll need

- Passport
- EHIC/GHIC Card
- Spending money

Priority given
to Year 9

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Learning Week
2024

Battlefields

£460

Deposit £85

Take a journey through time and walk in the footsteps of heroes on a WW1 Battlefields tour of Remembrance and discovery. Staying in the centre of Ypres near to Menin Gate will be a fantastic base as you journey through this historic area visiting a wide range of cemeteries and memorials. Stand in reconstructed trenches, on the very ground where men fought and died, to better understand the world of those who bravely lived through the war.



Priority given
to Year 9

What you'll need

- Passport
- EHIC/GHIC Card
- Spending money

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Learning Week
2024

£300

Portuguese Culinary Tour

Deposit £60



Our destination will be the city of Porto in Portugal, this is the home to some of the best food in Portugal and if you're a serious foodie, you'll want to sample many of its culinary creations before you leave. There's so much to try! Porto's traditional dish, francesinha, the Porto bifana, the eclair, (this isn't for everyone!).

**Priority given
to Year 9**

What you'll need

- Passport
- EHIC/GHIC card
- Some euros for meals

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2024**

London Sports Tour

£375

Deposit £75

Visit London and explore elite sports facilities and stadia. Participate in a variety of different sporting activities, take part in coaching sessions and compete in friendly competitions with local schools. Finish the week with a thrill seeking day at Thorpe Park

What you'll need

- Sports clothing/footwear
- Spending money



**Priority given
to Year 9**

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Learning Week
2024**

Scilly stuff

£245

Deposit £50

Spend Mon - Thurs on the Isles of Scilly. Spend an unforgettable day coasteering around St Mary's unique coast, scramble over giant boulders and swim under towering granite cliffs. Explore the other islands with a day of island hopping and immersing yourself in island life. Friday will be spent in College evaluating your stay.



Priority given
to Year 9

Ability to swim essential

What you'll need

- Trainers that you don't mind getting wet
- Sleeping Bag
- Pillow

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Learning Week
2024

Coast 2 Coast

£300

Deposit £60

Spend the week cycling from the craggy cliffs of Ilfracombe in North Devon to the bustling seafront in Plymouth. The week also includes surfing in North Devon, rock climbing on Dartmoor and much more! This activity will need stamina and a sense of adventure!



Priority given
to Year 9

What you'll need

- Bike
- Helmet
- Sleeping Bag
- Pillow

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Learning Week
2024

Camp Dartmoor

£80

Deposit £20

Explore the wildness of Dartmoor and the surrounding area. Monday and Tuesday will be spent exploring walking routes from the College. The remainder of the week will be spent on the rugged landscapes of Dartmoor, honing your survival skills and abilities.

What you'll need

- Sleeping Bag
- Pillow



**Priority given
to Year 9**

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Learning Week
2024**

ALW 2024

Local Activities



£175

Horse riding

Deposit £45

If you want to learn how to ride or develop your riding skills then this is the week for you. Whatever your ability it's certain to be a good week with expert tuition. The week will be a mixture of riding lessons, practical stable management and learning to care for a horse.

What you'll need

- Suitable footwear
- Packed lunch
- You will need to be dropped/picked up from the stables



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Learning Week
2024

Motor Design

£35

Deposit £10

If you're a budding car enthusiast then this is for you! Take part in a visit to Haynes Motor Museum where you will explore basic theories of aerodynamics through examination of F1 and other vehicles before returning to College to build your own air rocket powered model car. Finish the week with having a go at go-karting.

What you'll need

- School uniform (for days in school).
- Packed lunches for days out



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Learning Week
2024

Wet n Wild

£260

Deposit £60

If you love having fun in the water then this is the week for you. The first three days will be spent learning to surf or improving your technique with one of Cornwall's best surf schools in Bude. On the Thursday and Friday you will be partaking in activities at North Devon Wake Park including wakeboarding, kneeboarding and much more!

What you'll need

- Packed lunch
- Old trainers that can get wet
- Swimwear and towel



Ability to swim essential

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Learning Week
2024

Fishing Skills

£130

Deposit £30

Spend 5 days at Bake Lakes near Saltash returning to College each afternoon. Whether you have never fished before or you would like to develop your fishing skills then this is a great choice for you.

What you'll need

- Sensible clothes and shoes
- Packed lunch



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Learning Week
2024

Adventure Week

£165

Deposit £35

Fancy a week of fun filled adventurous activities? Then join us as we try tree surfing, go karting, football golf, coasteering, surfing and much more! You'll need plenty of stamina and energy for this week!

What you'll need

- Appropriate clothing
- Packed lunches
- Trainers that you don't mind getting wet



Ability to swim essential

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Learning Week
2024

Science Ambassador

£40

Deposit £10

Become a Launceston College Science Ambassador and prepare to deliver workshops to primary schools when you are in year 8. Practice the Science workshops that you will deliver, plus spend two days on trips studying science in the great outdoors.

What you'll need

- in school - School uniform
- trips - wellies, wet and hot weather gear, packed lunch and water bottle, pencil case



Year 7
only

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Learning Week
2024

Cornish Treasures

£120

Deposit £30

What better way to spend the week than visiting some of the best attractions Cornwall has to offer! From the large domes of Eden, to the depths of Carnglaze Caverns. Run wild with the animals at Newquay Zoo or be locked up at Bodmin Jail.

What you'll need

- Packed lunches everyday
- Spending money



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Learning Week
2024

Survival Week

£25

Deposit £5

Do you have what it takes to survive? This week is jam packed with life saving events. From water safety with the RNLI to basic First Aid and everything in between. At the end of the week you'll be able to confidently use the survival skills to help you and others in an emergency.

What you'll need

- School uniform



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2024

FREE

Once upon a
crime

Deposit £0

Solve a crime using your detective skills and powers of reasoning. Enjoy some classic crime fiction and play a classic crime board game Skirt the criminal underworld while you watch a fictional detective at work. This week will also include special guests and some real life forensics!

What you'll need

- School uniform



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Learning Week
2024

Art Week

£35

Deposit £10

If your idea of the perfect week involves working with clay, painting in large scale, refining your charcoal skills or turning your hand to tie dye then this is definitely the week for you! This week has been carefully designed for all budding artists who want to explore their creative side.

What you'll need

- School uniform



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Learning Week
2024

PE Bonanza

FREE

Deposit £0

Compete against others in a variety of sporting activities and games such as football, ultimate frisbee, cricket, volleyball and much more.

There is also a chance to book in some coaching with various professionals (extra charge) *options for coaches will be sent out once confirmation of original choices has been made.

What you'll need

- PE Kit



Coaching

Exeter Chiefs - £21

Plymouth Argyle - £8

Brazilian Jiu-Jitsu - £5

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Learning Week
2024

Arty Crafty

£15

Deposit £5

Spend the week in a calming environment enjoying an array of different arts and crafts. This full week of crafts will give you the opportunity to try your hand at diamond painting, scratch art, cross stitch and much more.

What you'll need

- School uniform



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2024

FREE

Scintillating Science

Deposit £0

You will have the opportunity to experience different aspects of science practical work throughout the week, including

- *Microscopy
- *Rocket Science
- *Chemical Analysis and forensics
- *Colour science

And a few surprise activities!

What you'll need

- School uniform



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Learning Week
2024

File and style

£25

Deposit £5



A week dedicated to everything nails, hair and fashion. Spend time perfecting the technique of nail art and experimenting with hairstyles. See where your creative streak will take you. Finish the week with a day of fashion design and a catwalk show

What you'll need

- School Uniform

Adventurous
Learning Week
2024

Film week

£25

Deposit £10

Develop a film based around the activities taking place this week, spend time filming, editing and producing a film that will be uploaded on the our website to promote ALW in the future.

One day will include visiting a cinema and watching one of the latest releases.

What you'll need

- School uniform
- Packed lunch for day out



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Learning Week
2024

Bake & Make

£10

Deposit £4

Do you fancy a week of exploring practical skills? Spend part of the week taking part in a 'Ready Set Cook' challenge, will you create a winning dish? . The rest of the week will be spent designing and making a product in DT

What you'll need

- School Uniform



Adventurous
Learning Week
2024

Construction

£10

Deposit £4

For active Learning week why not try the construction Center where we can offer you instruction on setting out and constructing brickwork to industrial standards.

We can also offer you rendering with lime plaster to achieve different finishes on different substrates.

What you'll need

- Old clothes
- Heavy leather boots
- Gloves
- Packed lunch



Adventurous
Learning Week
2024

Musical Mayhem

FREE

Deposit £0

Spend the week in the Music Department exploring Samba, music technology, Ukulele's and much more....

What you'll need

- School Uniform



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Learning Week
2024

Computer Science

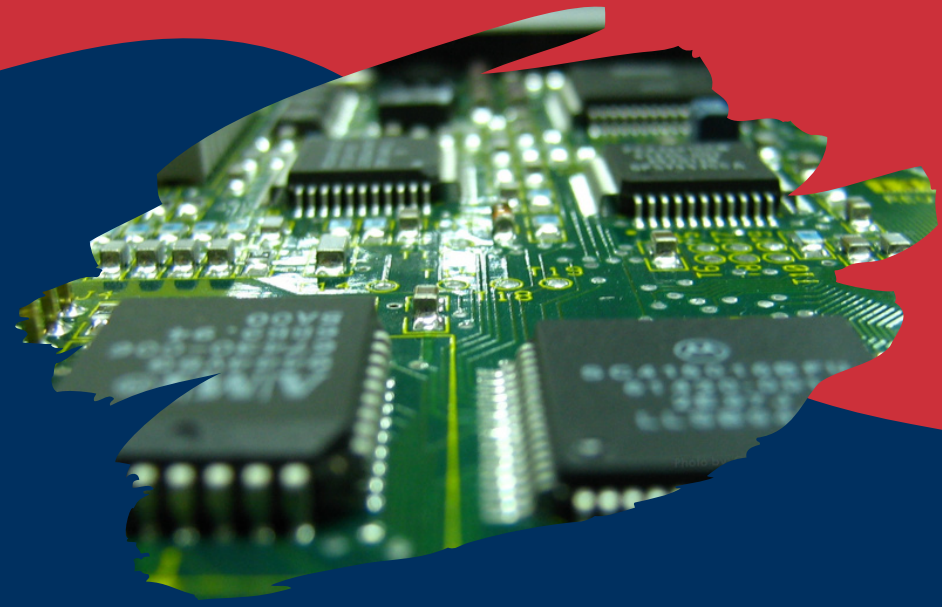
FREE

Deposit £0

The field of computer science is a rapidly growing sector and is a foundation to a hugely diverse job market and offers a wide range of career prospects. This week is designed to give you a flavour of some of the different avenues that expertise in computer science can lead you. Spend the week exploring Computer graphics, Animation & cartooning, Game and App development and E-Sports

What you'll need

- School Uniform
- An Android phone or tablet would be useful though not essential



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Learning Week
2024