

# Menu

## Launceston Trust Menu 2024



Week: 2

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main course</b>	Meatballs in Tomato Sauce	Chicken Fajita	Roast Beef with Yorkshire Pudding	Hunter Chicken Burger	Pork Sausages Cod in Batter
<b>Daily Specials</b>	Southern style chicken wrap	Chicken Bites and Chips	Pasta with Meatballs or tomato sauce	Tortilla Chips Salsa and Cheese	BBQ Chicken Wraps
<b>Vegetarian</b>	Quorn Meatballs in Tomato Sauce(V)	Vegetable Fajita(V)	Broccoli and Cheese Pasty(V)	BBQ Vegetable Burger(V)	Mozzarella Sticks (V)
<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
<b>Starchy food</b>	Pasta	Hash Browns	Roast Potatoes	Spicy Wedges	Chips
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Vegetables</b>	Peas	Broccoli	Cabbage	Sweetcorn	Peas
	Carrots	Cauliflower	Carrots	Peas	Cauliflower
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain
<b>Dessert</b>	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yogurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yogurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yogurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yogurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yogurt

**Grab & Go (Hot)**

Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Sausage Roll Bacon Roll/Hot Dog French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza
Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Sausage Roll	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes
<b>Grab &amp; Go (Cold)</b>				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
<b>Drinks</b>				
Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians