

# Menu LauncestonTrust Menu 2024



**Week: 1**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main course</b>	Beef Bolognese	Chicken Enchilada	Roast Turkey	Chicken Tikka	Chicken Bites with Dip Cod Goujons with Dip
<b>Daily Specials</b>	Southern style chicken wrap	Chicken Bites and Chips	Pasta with Meatballs or tomato sauce	Tortilla Chips Salsa and Cheese	BBQ Chicken Wraps
<b>Vegetarian</b>	Quorn Bolognese(V)	Vegetable Enchilada(V)	Leek and Cheese Pastry (V)	Vegetable Tikka (V)	Mozzarella Sticks (V)
<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
<b>Starchy food</b>	Pasta	Hash Browns	Roast Potatoes	Rice	Chips
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Vegetables</b>	Peas	Broccoli	Peas	Sweetcorn	Peas
	Carrots	Cauliflower	Carrots	Peas	Cauliflower
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain
<b>Dessert</b>	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day
	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt

**Grab & Go (Hot)  
Selection from -**

Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Sausage Roll Bacon Roll/Hot Dog French Bread Pizza	Bacon Roll/Hot Dog Filled Bagel French Bread Pizza
Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Sausage Roll	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate

**Grab & Go (Cold)**

**Drinks**

(V) This dish is suitable for vegetarians