

EXCEPTIONAL TEACHING EXCEPTIONAL EXPERIENCE

PE

Launceston Sixth

Subject Information
For admissions in September

PE

Exam Board: Pearsons
Specification Link: https://www.ocr.org.uk/qualifications/as-and-a-level/physical-education-h155-h555-from-2016/

Unit 2: Functional Anatomy Explores how the cardiovascular, respiratory, skeletal and muscular systems work together to produce movement in sport and exercise. Students learn about the structure and function of the body's systems and apply this knowledge to sporting movement.

Unit 3: Applied Sport and Exercise Psychology
Examines psychological factors that influence participation and performance, including how psychological knowledge can be applied to sport and exercise situations

Unit 6: Coaching for Performance and Fitness
Develops coaching knowledge and practical skills. Students plan, deliver and review a coaching session, drawing on learning from anatomy and sport psychology.

Entry Requirements: Students will be expected to have at least a Merit in BTEC sport at Level 2 or Grade 6 in a science, Grade 5 in English and Maths. Students taking the course must play a sport outside of College regularly and be confident/prepared for delivering coaching sessions. (training/competing at least twice per week)

Possible Progression Routes: PE could lead to numerous university courses including: Applied Sports Science, Sport & Recreation Management, Sports Journalism, Sport, Health, Exercise and Nutrition, Sports Psychology, Sport Management, Secondary PE & Coaching.

Equipment Required: Students must purchase College sports kit (Shirt) and an A-Level textbook. Other Relevant Information: To collect sufficient practical evidence for the practical component of the course students need to be training and competing or coaching regularly in a selected sport outside of College where they will be required to collect filmed evidence independently outside of lessons.

Subject Contact: Miss Deannah Hart
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How to Apply:

To apply to Launceston Sixth please complete our online application form: www.launcestoncollege.uk/sixth-form
Our admissions team will then be in contact to arrange a Sixth Form interview to discuss your options, your aspirations, and to provide advice and guidance on your next steps.

If you cannot access the website, or would like to submit a paper based application please email or call.

ldavey@launcestoncollege.uk

Further details about all of the courses we offer can be found on our website