



Launceston College Sixth Form

Part of the Athena Learning Trust



Physical Education

Subject Information
For admissions in September

Physical Education

Exam Board: OCR

Qualification Title: A-Level Physical Education

Specification Link:

www.ocr.org.uk/Images/234833-specification-accredited-a-level-gce-physical-education-h555.pdf

Unit Titles

Paper 1: Physiological factors affecting performance

Develops knowledge of the science behind physical activity. This includes the structure and function of key systems in the human body, the forces that act upon us and the adaptations we make to our bodies through diet and training.

Paper 2: Psychological factors affecting performance

Learners gain a deeper understanding of the underlying psychological factors that influence our performance in physical activity and sport, (Exam based assessment)

Paper 3: Socio-cultural issues in physical activity and sport

Focuses on the sociological and contemporary issues that influence and affect physical activity and sport. (Exam based assessment)

Performance in physical education

Learners are assessed in the role of performer or coach in one activity (Practical assessment & coursework)

Entry Requirements:

Students will be expected to have at least a Merit in BTEC sport at Level 2 or Grade 6 in a science, Grade 5 in English and Maths. We highly recommend that you are playing a sport outside of College regularly (training at least twice per week)

Possible Progression Routes:

PE could lead to numerous university courses including: Applied Sports Science, Sport & Recreation Management, Sports Journalism, Sport, Health, Exercise and Nutrition, Sports Psychology, Sport Management, Secondary PE & Coaching.

Equipment Required:

Students must purchase College sports kit (Shirt) and an A-Level textbook.

Other Relevant Information:

To collect sufficient practical evidence for the practical component of the course students need to be training and competing or coaching regularly in a selected sport outside of College where they will be required to collect filmed evidence independently outside of lessons.

Subject Contact:

Mrs Lucy Rose
lrose@launcestoncollege.uk

How to apply?

To apply to Launceston College Sixth Form please complete our online application form:

www.launceston-college.cornwall.sch.uk/sixth-form

Our admissions team will then be in contact to arrange a Sixth Form interview to discuss your options, your aspirations, and to provide advice and guidance on your next steps.

If you cannot access the website or would like to submit a paper based application please email or call.

sixthform@launcestoncollege.uk
01566 771855

Further details about all of the courses we offer can be found on our website.